

# Genuine Alaska Pollock

## *Fun Fish Trivia*



1. Which state harvests the most fish in the country? Alaska
2. What fish is most often grown on farms? Carp
3. What common carnivorous fish gives birth to its young live? Shark
4. What fish does beluga caviar come from? Sturgeon
5. What is the world's largest fish? Whale shark
6. Do fish have eyelids? No
7. What percentage of spawned salmon eggs grow into mature salmon? 1%
8. What is the most popular seafood in America? Shrimp
9. What fish is eaten more than any other in the world? Alaska pollock
10. How do scientists tell how old a fish is? Ear growth rings (otoliths)
11. How many pounds of seafood per capita Americans eat each year? 16.4 pounds
12. How many pounds of seafood per capita do the French eat each year? 22 pounds
13. How many pounds of seafood per capita do the Japanese eat each year? 95 pounds
14. What fat is found in fish that has been proven to lower levels of bad cholesterol?(high LDL cholesterol levels are associated with diseases of the arteries and heart) Omega 3 fatty acids

## **Ideas for Using Fish Trivia in the School Nutrition Program**

Use Fish Trivia as a fun element prior to and during “Seafood in Schools,” “Heart-Health,” and “Healthy Eating” days, or other appropriate event. Include fish trivia questions in:

- Daily Announcements (PA, Video, Print) – Ask one question each day. The first student down to the cafeteria (or other chosen location) with the right answer wins a small incentive (pencil, sticker, key chain, etc.).
- Print fish trivia questions on fish-shaped cut-outs and post on the walls or floors in the hallways leading into the cafeteria.
- Hold a school-wide competition on fish trivia– the class with the most right answers gets an extra recess, or other incentive.
- Students research and create their own Fish Facts or additional trivia questions.
- Recognize and announce the winners of the competitions above with a “fishy” winner’s certificate. (GAPP provides a sample on its seafood merchandising resources CD.)